

LIFE-LONG

**JOURNEY** 



"For the love of Christ impels us..."

-2 Cor. 5:14



APPLICANTS TO OUR CARMEL ARE WOMEN 21-35 YEARS OF AGE.

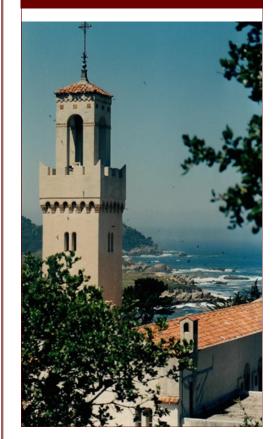
TO LEARN MORE ABOUT CARMEL, YOU CAN WRITE TO:

MOTHER PRIORESS CARMELITE MONASTERY 27601 HIGHWAY ONE CARMEL, CA 93923

VISIT US AT:

www/carmelitesistersbythesea.org

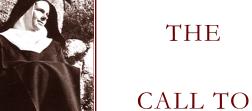
CARMEL OF OUR LADY AND St. Thérèse



Arise, My Beloved, My beautiful one, and come!

SONG OF SONGS 2:10





**CARMEL** 

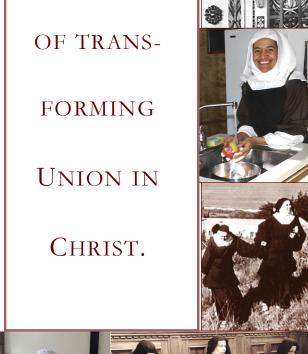


IS AN

INVITATION

TO...





## WHO IS A CARMELITE NUN?



## WHAT DO YOU DO ALL DAY?



# WHEN DO YOU BEGIN?



# WHERE DO YOU LIVE?



"A CARMELITE IS
A SOUL WHO HAS
GAZED ON THE
CRUCIFIED ONE ...
AND RECOLLECTING
HERSELF IN THIS
GREAT VISION OF THE
CHARITY OF CHRIST,
HAS UNDERSTOOD
THE PASSIONATE LOVE

OF HIS SOUL, AND HAS WANTED TO GIVE HERSELF AS HE DID.

~ST. ELIZABETH OF THE TRINITY

The life of a Carmelite Nun is one of love, prayer and joyful sacrifice, under the loving care of the Blessed Virgin Mary.
er she is praying in the



solitude of her cell or chanting the psalms in choir, weeding the garden or enjoying the company of her sisters at recreation, the Carmelite remains always in that "great vision of the charity of Christ."



#### **HORARIUM**



5:30 A.M.	RISE
5:50	MORNING PRAYER (LAUDS)
	HOUR PRIVATE PRAYER
7:15	Great Silence ends
8:00	Mass (9:00 a.m. on Sunday
	PRIVATE MASS ON THURSDAY)
	MIDMORNING PRAYER (TERCE)
9:00	Breakfast
	MANUAL WORK/NOVITIATE CLASS
12:00 р.м.	Angelus-Midday Prayer (Sext)
	HYMN IN HONOR OF MARY
	CARMELITE COMMEMORATIONS
	Examen
	MIDAFTERNOON PRAYER (NONE)
12:35	DINNER AND RECREATION
2:00	SPIRITUAL READING (AN HOUR)
3:00	PRAYERS FOR THE DYING
	MANUAL WORK/ NOVITIATE CLASS
4:30	EVENING PRAYER (VESPERS)
5:00	HOUR PRIVATE PRAYER
6:00	ANGELUS-OFFICE OF READING
6:30	Supper
	HOUR OF RECREATION
9:00	Examen & Night Prayer (Compline)
9:10	FREE TIME- GREAT SILENCE
10:30	RETIRE

## ASPIRANCY AND POSTULANCY (ONE YEAR EACH)

Upon entrance, the postulant is introduced to life in Carmel and learns, through experience and classes, more about the vocation of a Discalced Carmelite Nun.



### NOVITIATE (TWO YEARS)

The novice is clothed in the holy habit of Our Lady
(with a white veil) and receives a new religious name.

### TEMPORARY PROFESSION (THREE YEARS + TWO YEARS)

After two years as a novice, the Sister makes her First Profession, promising obedience, chastity and poverty for three years. Then two additional years before final vows.



### SOLEMN PROFESSION (LIFETIME)

At the end of the period of temporary vows, the Sister makes her Solemn Profession, marking her total consecration to God.



"I WILL LEAD
HER INTO
THE DESERT,
AND THERE
SPEAK TO
HER HEART."
-HOSEA 2:16

The cloister is a sign of our total consecration to Jesus Christ, in response to His absolute love for



us. It is in the silence and solitude of Carmel that we joyfully live out our vocation together, as a family united in Christ.



THE LOVE OF CHRIST HAS GATHERED US TOGETHER TO PRAY FOR THE NEEDS OF THE CHURCH AND FOR THE WORLD.